**THE RUNNING DEAD**

3rd Annual Zombie Run

When: Tuesday, October 28th, 2014 - 5:30 PM
Where: Triad High School Practice Fields and Cross Country Trail
Cost: Early Registration (before October 10th, 2014) $20.00
($25 thereafter). Price includes a 50/50 blend t-shirt.
Course: 1.5 miles with obstacles.
Prizes: For finishers with at least one flag still in tact.
Packet Pick-Up - Race Day ONLY in High School Nurse’s office from 8:00am-2:00pm
OR in outside concession stand starting at 4:00pm.

**MAIL ENTRIES TO:**
The Running Dead
Triad High School
703 E. Highway 40
Troy IL 62294

$20 - postmarked on/before October 10th
$25 - postmarked AFTER October 10th
Cannot guarantee t-shirt size after Oct. 10th

**Checks payable to:** TRIAD
For More Information: Contact
Sarah Presson @ 667-5409 x.7025

Proceeds to benefit Total Body Fitness PE at THS

**Waiver of Liability:** In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors, and administrators, waive and release any and all claims for damages, actions, and causes of actions against Triad School District, Troy Illinois, their affiliates, subsidiaries, officials, representatives, employees, successors and assigns for any and all injuries suffered by me in this event. I attest and verify that I am physically fit and have sufficiently trained for the completion of this run/walk. Further, I hereby grant full permission for the free use of my name and/or any photographs, videotapes, motion pictures, recordings, or any other record of this event for any legitimate purpose.

**Signature**  ___________________________  **Date**  _________

Parent Signature (if under 18)  ___________________________

One Person per Entry Form

Halloween Costumes Encouraged!

Online Registration:  www.triadzombierun.info
Rules of the Running Dead Trail Race

“Running Dead” is a 1.5 mile trail race. But you’re not running against the clock — you’re running from brain-hungry, virus-spreading, bloody zombies. Before the race, you will be given a flag belt, just like the overly intimidating game of flag football. These two flags represent your health. The zombies want to take your flags and maybe eat your brains. If you lose all your health flags, you die. And the zombies win.

Health bonuses will be hidden throughout the course. If you find one and carry it to the finish, it will save your life. There will be zombies. Their job is to chase you and eat you — but mainly go after your health, in the form of your flag belt. They are not allowed to touch you in any other way, and you are not allowed to come into contact with them. Avoid the zombies to keep your health flags.

Use speed, strategy and your intact brains to make it to the FINISH LINE “alive” with at least ONE FLAG INTACT (or a health bonus pack). If you finish with zero health flags, this means the zombies have successfully transformed you into the “undead”; you will have finished a run, but you will not be admired by other competitors and spectators. There will be a start line, and a finish line, but what happens in between is up to you.

RUNNER RULES:
- You may not skip an obstacle, tuck your flags into your clothing, or block your flags with your arms at any time. Flags must be visible to the zombies.
- If all of your flags have been taken, you are NOT automatically transformed into a zombie and you may NOT take another runner’s flags, chase other runners, or pick up flags off the ground. Zombie transformation occurs AFTER you’ve crossed the finish line. KEEP RUNNING!
- You are not allowed to touch, hit, punch, tackle, kick, slap, scratch, pinch, spit on, bite, or do anything to harm the zombies or other runners. No matter how scared you get, remember, you are running from the zombies. Just be fast. Don’t fight.
- You are required to wear a bib with your participant number clearly shown on the front of your attire.

GENERAL RULES:
- No weapons or mock weapons will be permitted on the premises. You aren’t attacking, you’re running.
- No drugs, alcohol, or outside food/beverages are permitted on the property.
- No pets or children under the age of 12 are allowed to race with you. Not even if they’re trained to hunt zombies.
- Participants and spectators must abide by all instructions given from the race directors.

YOU ARE NOT ALLOWED TO WEAR A COSTUME THAT WILL MAKE YOU LOOK, IN ANY WAY, LIKE A ZOMBIE or one that covers your entire face. You must be recognizable.

*** IF YOU DO NOT ABIDE BY ANY OF THE RULES ABOVE YOU WILL BE IMMEDIATELY DISQUALIFIED AND REMOVED FROM THE RUN AND WILL NOT BE ALLOWED TO COMPLETE THE RACE.

REMINDERS:
- You will probably be covered in dirt and mud by the end.
- Arrive early for packet pickup. You don’t want to leave the zombies waiting.

Online Registration @: www.triadzombierun.info

*5 off Current HS Students when you register online